## COMBINED HARVEST APPEAL



HELP BY DONATING AN ITEM OR TWO FROM OUR SHOPPING LIST TO ENSURE WE CAN PROVIDE FOOD TO PEOPLE IN CRISIS

## SHOPPING LIST TOP TEN ITEMS

**UHT Milk** 

Soup

Tinned spaghetti

Pasta Sauce

Tinned fish

Tinned cold meat

i.e corned beef

Tinned veg

Tinned fruit

Coffee

Chocolate

Don't forget ...

You can help transform more lives with a financial donation too.





Edinburgh Food Project edinburghnw.foodbank.org.uk 0131 444 0030

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