P1. Butterfly.

Have a look at pictures of butterflies in books or on a computer. Do you know how many wings a butterfly has and how many legs?

Starting with the body, ask an adult to cut a card kitchen roll tube in half. Colour this with paints or coloured felt pens.

When it's dry, you can decorate with stickers, sequins, googly eyes (or draw eyes with a black felt pen) and pipe cleaners (or thin strips of paper) for antennae.

Ask an adult to draw four wings (all in one shape) on a piece of card (pizza box card is good) and cut out.

Colour the wings with paints or coloured felt pens and decorate as the body.

When dry, the body can be glued to the wings and legs can be made with string or pipe cleaners.

You can hang your butterfly at a window or attach to a wall and maybe you could make another insect with the other half of the kitchen roll tube!

Materials:

One card kitchen roll tube, scissors, card, glue stick, paints, medium paintbrush, coloured felt pens, stickers, scrap paper, pipe cleaners, googly eyes, string.

P2. Mondrian card art.

Have a look at paintings by Piet Mondrian on a computer. He is famous for his paintings of squares and rectangles using the primary colours (red, blue and yellow) outlined in black.

Paint thin pieces of cardboard (A5) with primary colours. While drying, ask an adult to draw lines with a thick black pen on white paper to make a grid pattern of squares and rectangles (different sizes)

Cut out squares and rectangles (small, medium, large, narrow, wide) from your painted cardboard.

Arrange the painted shapes on the grid to create a pattern.

The coloured shapes will stand out if you leave some of the spaces white.

Materials:

Cardboard (3 pieces A5 size), paints(red, yellow, blue) medium paintbrush, scissors, A4 white paper, thick black felt pen, glue stick.

P3. Sun with a smiling face.

Ask an adult to help you carefully open up a pizza box and cut in half. One half will be used to cut the shapes of the sun and the other half will be for your picture.

Use a circular template (not too big as you will need space for the sun's rays) to draw a circle on one half of the pizza box.

Cut the circle out and glue on to the other half of the pizza box.

Cut out triangular shapes (or long and narrow rectangles) from the remaining card and glue down for the rays of the sun. You can use both sides of the card for this.

Use any extra card to cut and glue eyes, nose and a smiling mouth.

Decorate your sun with paints and/or any art materials of your choice.

Materials:

Pizza box, scissors, pencil, circular template, glue stick, paints, medium paintbrush, coloured felt pens, wax crayons, shiny wrapping papers.

P4. Newspaper pizza.

Glue 2 sheets of newspaper together. Cover the top piece of newspaper with glue and carefully begin to roll the edges inwards to create a pizza shape.

Make sure you have plenty glue under the crust to make sure it stays in place.

Paint your pizza with yellow paint (or glue yellow/brown paper all over).

Cut out pictures of your favourite vegetables from magazines (or draw vegetables) and glue on your pizza.

Materials:

2 sheets of newspaper, glue stick or p.v.a glue and brush, paints, paintbrush, yellow or brown paper, magazines, scissors, black felt pen, scrap paper, coloured pencils/pens.

P5. Cereal box house.

Find the seam on the cereal box (where it is glued together) and carefully pull the box apart.

Cut off one of the long tabs at the bottom and keep for the roof shape. Turn the box inside out and tape the side edges.

Fold in and tape the bottom tabs.

Fold in the small tabs at the top to make a triangle shape (the eaves) and tape to the long tabs to make a roof shape.

Use the long tab you put aside earlier to cover the gap in the roof by folding lengthways and fixing with tape.

Draw windows, door, roof tiles etc with felt pens or cut and stick paper shapes and add details with felt pens.

Materials:

Cereal box, selotape, felt pens, scrap paper, glue stick.

P6. Cereal box town.

Follow instructions for P5. Cereal box house to make different sizes and types of buildings.

Tape your buildings together and fix to a cardboard base.

You could add trees, fences, roads, gardens etc using packaging, newspapers and magazines.

Try to include as much detail as you can.

Materials:

Boxes(various sizes), selotape, cardboard, felt pens, assorted packaging and collage materials eg. lolly sticks, bubble wrap, buttons, cotton buds, string.

P7. Tin foil figure.

Cut 3 A4 pieces of kitchen foil.

Starting at a long edge, tightly roll up your first piece of foil (a)

Repeat with the 2nd piece of foil (b)

Cut the 3rd piece of foil longways to make 2 long narrow rectangles (c) and (d).

Place the 2 tightly rolled pieces of foil (a) and (b) along each short edge of (c).

Roll and wrap (a) and (b) inside (c) to meet in the middle.

Bend the arms (top half of a and b) down a little.

Cut the remaining piece of foil (d) in half shortways and use one half to wrap firmly round the body.

Cut the other half in two.

Use one piece to shape a head and the other piece to wrap over the head and fix to the shoulders.

Give everything a good squeeze to shape your figure.

You can then staple/tape it to a card base and arrange into position of your choice..eg gymnast, dancer, footballer etc.

Materials:

Kitchen foil, scissors, stapler, tape, card.