Mendazi Recipe

Ingredients

- 1 kg wheat flour
- 1 tablespoon yeast
- 1 tablespoon baking powder
- 3 tablespoons of sugar (brown or white)

Oil

Hot water

A pinch of salt

Method

- 1. Mix the wheat flour, yeast, baking powder, sugar, a pinch of salt and a little oil together.
- 2. Knead the mixture on a floured surface.
- 3. Leave the mixture to prove for about 30 minutes.
- 4. Roll the dough out on a floured surface to about 1 cm thick.
- 5. Cut into strips and then cut diagonally into smaller diamond like shaped pieces.
- 6. Repeat until you have used all your dough.
- 7. Put a pot of oil on heat and add some of the dough for about 5/6 minutes, turning halfway.
- 8. Let the oil cool before doing this with your next batch.
- 9. Enjoy! And don't forget to clean up.