

20 Mile January Challenge

As we are unable to be in school right now and we are missing the Daily Mile, I am setting you challenge for at home. I would like you to walk, run, cycle, scooter or skate 20 miles in January. You can record your progress on the attached form or just on a piece of paper. This can be done 7 days a week and you might want to involve family at home.

[illegible]

[illegible]