

# 3-10 year old behaviour

Does your child hit and shout a lot?

Does your child argue with you all the time?

Is it hard for your child to make friends?



We have free courses for parents and carers of 3-10 year olds that can help you.

THE EDINBURGH PARTNERSHIP

All courses are listed on [www.joininedinburgh.org](http://www.joininedinburgh.org)



getting  
it right  
for every child

NHS  
Education  
for  
Scotland

Since PoPP has been implemented in Edinburgh we have had a huge success delivering over 100 groups in various locations across Edinburgh.

During the Covid 19 pandemic all our courses were delivered online. We are very much looking forward to seeing you face to face again but will continue to deliver some courses online to offer parents a choice of how they would like to access support.

## Incredible Years Courses for parents/carers of 3 - 5 years

## Triple P Courses for parents/carers of 6 - 10 years

### Goodtrees Neighbourhood Centre

5 Moredunvale Place EH17 7LB

Starts Friday 21<sup>st</sup> September 9.30 - 11.30am

### Online Group

Start Tuesday 6<sup>th</sup> September 9.30 - 11.00am



### Tollcross Community Centre

117 Fountainbridge Edinburgh EH3 9QG

Starts Wednesday 8<sup>th</sup> September 6pm-8pm

### Castleview Primary School

2d Greendykes Road, Edinburgh EH16 4DP

Starts Wednesday 14<sup>th</sup> September 12.30-2.30pm

### NW Edinburgh venue to be confirmed

Starts Friday 16<sup>th</sup> September 9.30 -11.30am

## ➔ To take part in a course

Apply online <https://www.edinburgh.gov.uk/parenting/coursesform>

Contact the parent and carer support team on [supportingparentsandcarers@edinburgh.gov.uk](mailto:supportingparentsandcarers@edinburgh.gov.uk) or phone 07795 127954, between 10am and 3pm, Monday to Friday.

Ask your health visitor, nursery or school to apply for you.  
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