

Spring

What's on For Families in North East Edinburgh Free or Low-Cost Activities and Support for Families during the Holidays



Family Activities in the North East

The Wee Lego Club drop-in

Children over 5 can enjoy an afternoon of imagination and fun, share, and learn from others, take part in lego challenges. At the wee play hub Ocean Terminal (first floor) Children must be accompanied by parents.

Every Saturday 1:30pm to 2:30pm starting on Friday 1st March 2024

Ocean Drive

Leith

EH6 6JJ

theweehubbookings@gmail.com

Bridgend Farmhouse Easter Trail

Head along to Bridgend Farmhouse for a family activity. Collect a map that will lead you to solve the name of the Bridgend Bunny and win a prize!

This event is outdoors and suitable for all the family.

Sunday 31st of March from 11am to 3pm. Tickets cost £3.00

Bridgend Farmhouse

41 Old Dalkeith Rd

EH16 4TE

<https://www.eventbrite.co.uk/e/bridgend-farmhouse-easter-trail-tickets-846942797707#:~:text=About%20this%20event&text=Come%20along%20to%20Bridgend%20Farmhouse,be%20accompanied%20by%20an%20adult>

Good Food Youth Club

Fun and safe kids cooking classes led by our chefs. Learn how to turn the best produce of the season into a tasty and exciting lunch! 2nd, 4th, 9th, and 11th April 10:30-12:30 free for residents of Craigmillar.

The Venchie

61 Niddrie Mains Terrace,

EH16 4NX



• EDINBURGH •
THE CITY OF EDINBURGH COUNCIL

Holiday Family Cooking Classes

Community Cooking Classes are free and open to people who live in Craigmillar.
Tuesday 9th April 2024, 10.30am to 3.30pm Thursday 11th of April 2024, 10.30am to 3.30pm.

EFS Kitchen
47 Pepper Place,
EH16 4BB

sign up via Email:

https://links.uk.defend.egress.com/Warning?crlId=65f18fd0b44b2b098de3e49d&Domain=edinburgh.gov.uk&Lang=en&Base64Url=eNolyIEOgCAIANATkf_dxpSQpeBA7p9tr7fK2N030PAzHJMo3KqZtfEsW5qFJLqhfZAqtEdHT4GvDsaoyT0FVqbwmmOVVVnoR-BMArO_E-8IXg%3D%3D&@OriginalLink=https://edinburghfoodsocial.org/cookery-classes-food-experiences/community-cooking-class-sign-up

Family Fun Portobello

An afternoon of fellowship and fun together in Portobello. Games, activities, songs, stories, and weather permitting some time down at the beach. Suitable for all ages under 12 must be accompanied by an adult. Free event 1pm to 4pm on Monday 1st of April at:

St Mark's Episcopal Church
Portobello
EH15 2AR

Festival of Cultures

Food, music, dance, and stalls £2.50 entry fee (under 16s free) from 10am to 9pm on Saturday 8th and Sunday 9th of June

Inverleith Park
EH3 5PA

Easter Playscheme

Easter Playscheme on every Tuesday Wednesday and Thursday 11am to 3pm from 2nd April until 11th April. Pop in and fill out a registration form for your children to attend lunch included.

Venchie Children & Young People's Project
61 Niddrie Mains Terrace
EH16 4NA



Family Activities for Everyone

Easter at Dynamic Earth

This Easter holiday, hunt down eggs from creatures both living and from the past and stay up late with the Planetarium team to take a journey across the Solar System. Families and adults will explore more than ever before at Dynamic Earth. From free drop-in activities to outdoor workshops, art workshops for adults, Planetarium Lates, family coding sessions, new mini exhibitions, LOTS of opportunities to meet real scientists. Events running between 30th of March to 15th of April 2024

<https://dynamicearth.org.uk/easter-at-dynamic-earth/>

Holyrood Rd,
EH8 8AS

Easter egg hunt

Join in at Waterstones for our Easter Egg Hunt - with prizes! There will be lots of fun activities all weekend in the kids area on the first floor. on Saturday 30th and Sunday 31st of March 10am to 2pm.

Waterstones
West End
128 Princes Street,
EH2 4AD

Museum of Edinburgh

Come and have fun in the family area in the heart of Museum of Edinburgh. The activity area is packed full of art materials and worksheets relating to the galleries and amazing objects relating to the history of Edinburgh. This is a warm and welcoming space for family groups to work creatively together and to stay as long as you like. Just drop in. Open Daily 10am to 5pm

142-146 Canongate,
Edinburgh
EH8 8DD

<https://www.edinburghmuseums.org.uk/whats-on/family-activity-area-museum-edinburgh>

RUTS - Easter Holiday Mountain Bike course - Two courses over the Easter school holidays.

14-17 years take part in instructor led mountain bike rides and complete a personal development award. Course start date: Monday 8th of April for 5 days 10am to 3pm Monday to Friday



• EDINBURGH •
THE CITY OF EDINBURGH COUNCIL

15-17 years learn off road riding skills complete the ride-bike moto-learn programme and complete and SQA personal development award. Course start date: Monday 1st of April for 5 days 10am to 3pm Monday to Friday

Penicuik Youth Hub
58 Queensway
Penicuik
Midlothian
EH26 0JJ

Email: iainb@ruts.org.uk, or **Phone** 0131 663 5736

website: <https://www.ruts.org.uk/about>

Mini Yoga and Mindfulness Easter event

fun session of Mini yoga and mindfulness at Drumbrae library! Stretch and move as well as be still and quiet. This event is for children aged 7-10. Children under 8 MUST be accompanied by an adult. Book one ticket per child attending. There is no need to bring a mat. Starts on Wednesday, 10th of April at 2.30pm to 3pm.

Drumrae Library Hub
81 Drum Brae Drive
EH4 7FE

<https://www.eventbrite.co.uk/e/mini-yoga-and-mindfulness-easter-event-tickets-861705493327?aff=ebdssbdestsearch>

Tailor Ed – Easter Holiday Activities.

A range of activities, organised by various organisations, taking place in Edinburgh over the Easter Break for children with ASN. Booking for activities is required at:

<https://tailoredfoundation.co.uk/easter-holiday-activities-for-children-with-disabilities/>

Edinburgh Zoo

Free Science Festival session 'Wild Learning' – booking required. Please note this does not provide entry into the Zoo 10th & 11th April 2024, 11am, 12pm and 2pm

134 Corstorphine Road,
Edinburgh,
EH12 6TS

<https://www.edinburghzoo.org.uk/events/edinburgh-science-festival-wild-learning/>



Community Food for People in North East Edinburgh

Easter Meal

Pay-what-you-can Easter meal for everyone in the Craigmillar and Niddrie community at 6pm On 28th of March.

The White House Kitchen
70 Niddrie Mains Rd,
Craigmillar,
EH16 4BG

Email hello@edinburghfoodsocal.org

Community Lunches at Hibernian FC

Community Lunches are open to families and individuals at the Community hub above the Hibernian FC store on Albion Place, EH7 5QG on: Monday 12:30-2pm Wednesday 12:30-2:30pm Friday 12-2pm

Contact: <mailto:lewis@hiberniancf.org> website: <http://www.hiberniancf.org/>

Lunch clubs at Hibernian FC

Open to all with additional activity around lunch clubs also including:
Football Memories – 10:30-12pm (every 1st & 3rd Monday of the Month)
Monday Matchday Game Club – 2-3:30pm (2nd & 4th Monday of the Month)
Digital Inclusion – Weekly Wednesdays 10.30am to 12pm
Community Pantry – Weekly Wednesdays 1pm to 2pm
A free book swap and Clothing bank can also be accessed at all lunches.

Foodbanks

Foodbanks are able to provide emergency food for three days to anyone who finds themselves in crisis. Anyone needing help, will need a valid foodbank voucher, this can be accessed through any support worker involved with the family, the local Family and Household Support service, citizens advice, GP surgery, etc. Anyone struggling to access a Foodbank voucher can contact The Scottish Welfare Fund, who will check if they eligible for a crisis grants within 24hours or issue a foodbank voucher.

Tel: 0131 529 5299 **Email:** welfarefundteam@edinburgh.gov.uk

Vouchers can be taken to the nearest Foodbank Centre where volunteers give a warm welcome, can offer support and put together a nutritious food parcel. Foodbanks, community pantry's and community lunches can be found below.

Edinburgh Food Project

Craigmillar foodbank at the Thistle Foundation will run as normal with the exception on Friday 29th of March. See website for opening times.

<https://edinburghfoodproject.org/locations/>



The Ripple Project,

A Community Pantry in collaboration with FareShare and the Cyrenians.
Affordable high-quality food - Pay £2 and pick up 10 food items of your choice.
Wednesday's between 10am-11am

You must register to use the Community Pantry

Email: michelledennis@cyrenians.scot **Phone:** 0131 554 3900

Website: <https://cyrenians.scot/how-we-help/140-community-pantries>

Community freezer – Premade meals by Cyrenians are stocked in the Ripple's community freezer. Go along at any time and take what you need. For residents in the Restalrig area closed on Good Friday and Easter Monday.

The pantry will still run on the Wednesdays.

The freezer is still accessible during the holidays other than the public holidays.
closed at weekends.

Email: admin@theripple.org.uk phone:0131 554 0422

Website: <https://www.rippleproject.co.uk/food-dignity>

Community Food for Everyone

The Edinburgh City Mission

The Edinburgh City Mission are in partnership with the Bethany Trust to support people in crisis. If in need without referral there is a list of drop-in services where people can receive some hot soup and a sandwich.

Website: <https://edinburghcitymission.org.uk/ministry/care-van/>

Free Food without a Referral

Edinburgh City Mission, on this webpage you will find locations and times for 'Soul Food', Offering a free meal, a safe space & a warm welcome.

Website: <https://edinburghcitymission.org.uk/ministry/soul-food/>

Foodbank+

The Edinburgh City Mission provide foodbank+ in 7 locations across Edinburgh. A referral from a professional is required to use foodbank+.

Tel: 0131 225 9445 **Website:** <https://edinburghcitymission.org.uk/ministry/foodbank/>

Empty Kitchens, Full Hearts

Families having challenges with accessing food can apply for 12 weeks of support from Empty Kitchens, Full Hearts. Meals are delivered twice per week and each delivery consist of two days' worth of food.

Every Friday between 1pm and 2pm, people can visit Empty Kitchens for some hot soup, a roll, and a chat with volunteers. Open to applications currently.

Full Hearts

3-11 West Granton Road

EH5 1HG

Tel: 07895347157 **Website:** <https://www.emptykitchens.co.uk/>



Financial Advice/Energy Advice

The Advice Shop

Provide assistance with all aspects of welfare rights including income maximisation through welfare benefits, tax credits and grants as well as debt advice to resolve personal debt including credit cards, bank loans, rent arrears, personal loans, store cards, catalogues and mortgage arrears. Open Monday to Friday: 9am to 1pm except Tuesdays 10am to 1pm. Closed for public holidays: 29th March & 1st April.

249 High Street,
EH1 1YJ
Tel: 0131 200 2360

CHAI (Community Help & Advice Initiative)

Provides benefits, debt, housing advice and some support services via multiple outreach/embedded services inc. Maximise! for families and GP practices.

28 Westfield Avenue,
EH11 2QH
Tel: 0131 442 2100

Website: maximise@children1st.org.uk

Change Works

Provides help to be energy efficient and to tackle fuel poverty.
Open Mon to Friday: 9am to 5pm.
Closed for public holidays: 29th March & 1st April.

Orchard Brae House
30 Queensferry Road
EH4 2HS
Tel: 0800 870 8800

Website: www.changeworks.org.uk

Support and Information for Parents and Carers

Support for Parent and Carers

For information on the support available for Parents and Carers in Edinburgh visit www.edinburgh.gov.uk/supportforfamilies or if you need help to access support contact the Parent and Carer Support team at SupportingParentsandCarers@edinburgh.gov.uk

Parenting Programmes

A range of parenting programmes and courses are available for parents and carers of children aged 0 to 16 years. The courses are free for parents of children living or attending school in Edinburgh.

Website: www.edinburgh.gov.uk/supportforfamilies



Solihull Online Courses for Parents

The Scottish Government is funding access to online courses for parents and carers. To access these courses for free, families need to use the code TARTAN.

Website: <https://inourplace.heiapply.com/online-learning>

Family and Household Support Easter Holiday Drop ins/Phone Support

Support and advice from Housing and Family Support staff on benefits, budgeting and debt. Help with tenancies or housing bids.

North East Family & Household Support: Drop in, Wednesdays 10am to 1pm at 101 Niddrie Mains Road EH16 4SD.

Phone: 0131 529 7168

Email: northeast.familyandhouseholdsupport@edinburgh.gov.uk

Social Care Direct- Children and Families

Social Work request help or advice about a child or vulnerable adult requiring support due to illness, disability or at risk or harm.

Office hours (8:30am-5pm): 0131 200 2324 and **out of hours:** 0800 731 6969

Domestic Abuse Freephone 24 hr Helpline,

Support for Women experiencing domestic abuse and their friends and family. Translation facilities available for callers whose first language is not English.

Tel: 0808 200 247

Mindroom

Family advice and outreach specialists in ASN, will listen to the difficulties you are experiencing and will support you to work through these challenges. You will be supported, informed, and empowered.

Phone: 0131 370 6730 **Text:** 07990618 231 **Email:** directhelp@mindroom.org

Parentline

Children 1st Edinburgh Together has free helpline and web-chat service offering advice and support for parents and carers. Mon-Fri: 9am to 9pm Sat & Sun: 9am to 12 pm

Tel: 0800 28 22 23

Website: <https://www.children1st.org.uk/help-for-families/parentline-scotland/>
parentlinescotland@children1st.org.uk

One Parent families Scotland

Lone Parent helpline is closed for public holidays: 29th March & 1st April. Parents can leave a message and they will get back on Tues 2nd April.

Open- 9:30am to 4pm

Tel: 0333 256 5123

Website: <https://opfs.org.uk/support-and-advice/>



Fun Activities to do at Home

Activities do not need to cost a lot of money (or sometimes any money at all) to be meaningful and memorable. Some of the best memories are made by doing simple things at home or around the community. Enjoying the time, you have together is what is most important. Below are some very low cost or free activities that require no/minimal resources, most of which you will have around the house already. Enjoy!

Egg rolling

Boil up some eggs and either keep them plain and simple or decorate with paint, stickers, pens whatever you have in the art box. Find the best hill in the local park and have an egg rolling race. Which egg makes it to the bottom first? How many rolls can the egg do before it cracks? Endless fun on the hill!

Decorating chalk eggs

Decorate the garden path with chalk easter eggs. Turn it into a competition if you like, who can make the best design? Who can do the biggest egg design?

Potato/sponge Stamping

Cut designs into potatoes or sponges, dip in paint and create some exciting potato stamps pictures!

Outdoor treasure hunt

Wherever you decide to go (beach, park, your own garden) pick a base. It can be a particular tree, or it can be a bench. Have a leader who calls out what the group need to find for example, 3 green leaves, 2 large stones, 4 sticks. This can be turned into a race, first person back to base with the correct items is the new leader.

Balloon tennis

Can you keep up with the balloon? Your hand is the bat, and you need to bat the balloon back and forth. Don't let it hit the ground!

Spring walk

Get a 'spring' in your step and enjoy a walk around one of Edinburgh's well-known spots. Arthur's Seat, Portobello Promenade, Colinton Tunnel, Water of Leith, Calton Hill, Dalkeith Country Park, Figgate Park, The Meadows or Cramond Beach. Remember you can apply for a free travel card (bus and tram) for children. Pop into your local library for help to apply.

Easter Bunny Bunting

Decorate the walls and window frames with these bright little bunnies. To make: buy a variety of patterned card, place a basic bunny template on top of each piece of card and draw around it. Cut this out and glue on a small ball of cotton wool for a tail. To finish, attach each bunny to a natural piece of string using mini wooden pegs.

Eggy Lambs

These funky-looking lambs will look a treat perched on a mantelpiece or sideboard. Plus, they're so easy to create – simply roll small pieces of cotton wool into balls and glue these to the surface of the egg. Cover the whole egg with cotton wool, leaving a space at the front where you can add a funny face!

**If you would like to add activities to a future
What's On for Families in North East Edinburgh list or if any
information in this list is incorrect please email
wholefamilywellbeing@edinburgh.gov.uk**



• **EDINBURGH** •
THE CITY OF EDINBURGH COUNCIL