Bitesize parenting support@libraries

edinburgh.gov.uk/bitesize-familysupport

New Courses for 2026/27

Session delivered by the School Nursing and Health Visiting Teams.

TOILET TRAINING

Small steps. Big milestones.

WHEN	WHERE
Friday 20th November 10.30am–11.30am	**Portobello Library**

For parents and carers of early years or primary-age children

Learning to use the toilet independently and moving on from nappies is a big milestone. We're here to help make the process easier for you and your child. Join us for friendly, practical advice from an experienced and trained school nurse.

WE CAN HELP WITH:

✓ Day time wetting	✓ Night time wetting
✓ Constipation	✓ Pooing only in a nappy
✓ Good drinking habits	✓ Good toileting habits

Come along, ask questions and take away helpful tips.

More courses are being added all the time. To find out more visit **www.edinburgh.gov.uk/bitesize-familysupport**

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